

Grief and Bereavement Support

Suggested Readings

SUGGESTED READING FOR ADULTS

- *The Grief Survival Handbook: A Guide from Heartache to Healing*, by D. Keith Cobb, MD
- *A Widow's Guide to Living Alone*, by Judith Fabisch
- *Banged-Up Heart: Dancing with Love and Loss*, by Shirley Melis
- *Comforting Those Who Grieve*, by Doug Manning
- *The Courage to Grieve*, by Judy Tatelbaum
- *Don't Take My Grief Away*, by Doug Manning
- *Facing Death & Grief*, published by Prometheus Books
- *Good-bye, My Son, Hello*, by Adolfo Quezada
- *Grief, Dying and Death*, by Therese A. Rando
- *Grief Work*, by Juanita Ponce-Montoya
- *Grief Works*, by Julia Samuel
- *In the Midst of Winter*, Selections from the Literature of Mourning, by Mary Jane Moffat
- *Living When a Loved One has Died*, by Earl A. Grollman
- *Loss and How to Cope with it*, by Joanne E. Berstein
- *Recovery from Bereavement*, by C. M. Parkes
- *The Stages of Sorrow*, by Kathleen Smith
- *Suddenly Single*, by Jim Smoke
- *The Warming of Winter*, by Maxine Dowd Jensen
- *What Happened to You Happened to Me Too*, by Mary A. Kjosness & Laura A. Rudolph
- *When Bad Things Happen to Good People*, by Harold S. Kushner
- *Widow*, by Lynn Caine
- *Widow to Widow*, by Phylis R. Silverman, Ph.D.
- *The Widower*, by Jane Burgess Kohn & Willard K. Kohn

SUGGESTED READING FOR CHILDREN

- *The Fall of Freddie the Leaf*, by Leo Buscaglia
- *Everett Anderson's Goodbye*, by Lucille Clifton
- *Thumpy's Story, A Story of Love and Grief Shared*, by Nancy C. Dodge
- *Gran-Gran's Best Trick*, by L. Dwight Holden
- *Aarvy Aardvark Finds Hope*, by Donna O'Toole
- *The Kid's Book About Death and Dying By and For Kids*, by Eric Rofes, et.al.
- *The Saddest Time*, by Norma Simon
- *I'll Miss You, Mr. Hooper*, by Norman Stiles
- *The Tenth Good Thing About Barney*, by Judith Viorst
- *How it Feels When a Parent Dies*, by Jill Krementz

HELPING CHILDREN WITH GRIEF

- *Explaining Death to Children*, by Earl A. Grollman
- *Talking About Death: A Dialogue Between Parent and Child*, by Earl A. Grollman
- *Guiding Your Child Through Grief*, by Mary Ann and James P. Emswiler
- *Helping Children Cope with the Loss of a Loved One: A Guide for Grown-ups*, by William Kroen and Pamela Espeland
- *It's Okay to Cry: A Parent's Guide to Helping Children Through the Losses of Life*, by H. Norman Wright
- *Part of Me Died Too*, by Virginia Lynn Fry
- *When Children Grieve*, by John James and Russel Friedman